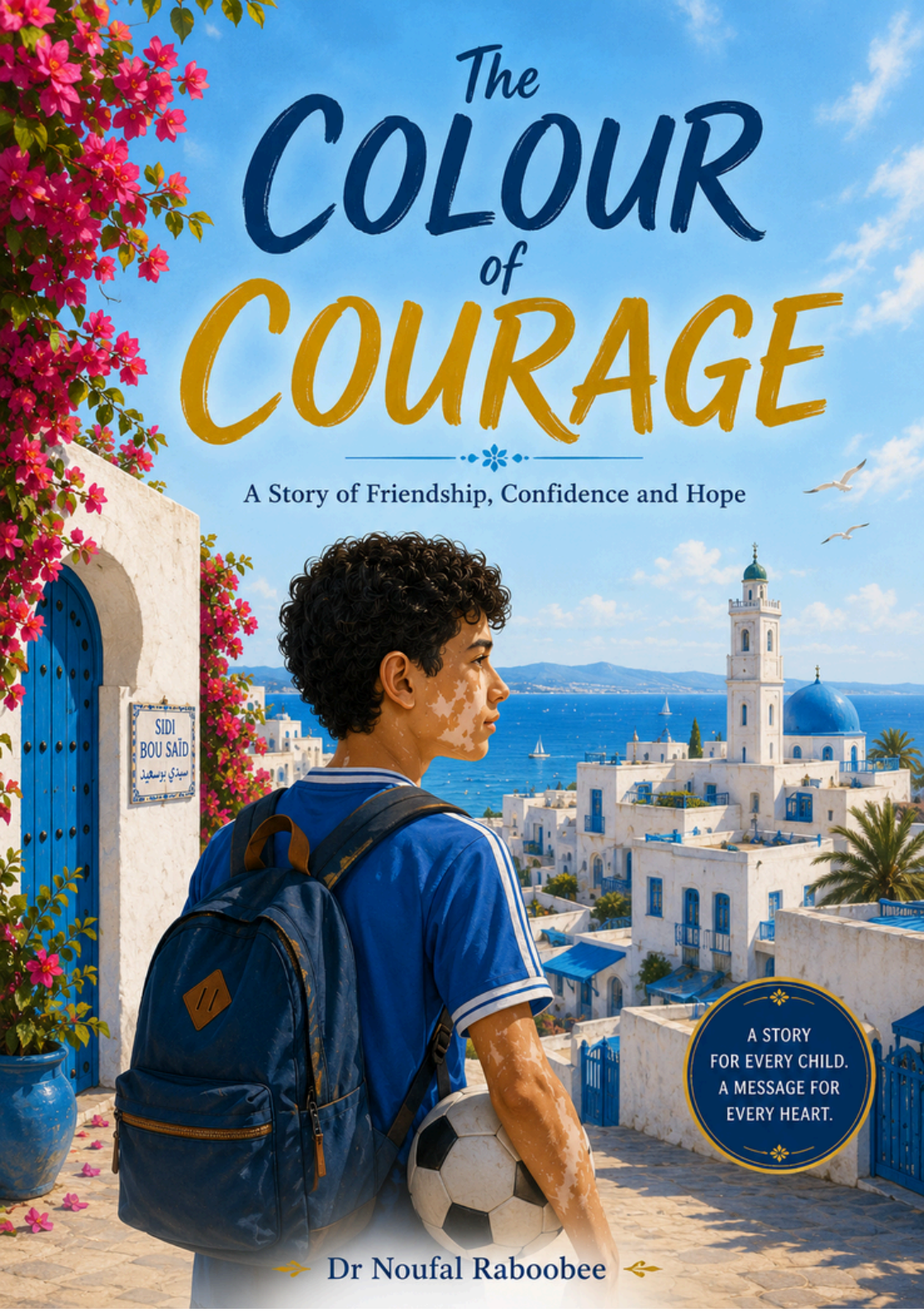




The COLOUR of COURAGE

A Story of Friendship, Confidence and Hope

SIDI
BOU SAÏD
سیدی بوساید

A STORY
FOR EVERY CHILD.
A MESSAGE FOR
EVERY HEART.

Dr Noufal Raboobee



Every morning, Youssef loved walking through the winding streets of his beautiful town. White houses, bright blue doors and the sparkling Mediterranean Sea greeted him wherever he looked. With his football under one arm and his sketchbook in the other, he wondered what adventures the new day would bring.



Youssef looked carefully at the pale patches in the mirror. They didn't hurt, but they were different from anything he had seen before. He gently touched his cheek and wondered, "Why are they there? Will they always stay?" Quiet questions began filling his mind.



Youssef sat quietly beside the window, watching the gentle waves roll across the Mediterranean Sea. The world outside looked just the same as it had yesterday, yet everything felt a little different. He wondered what the white patches meant and whether anyone else would notice them.



It wasn't easy, but Youssef decided to tell his best friend what had been worrying him. His friend listened without interrupting, then smiled and said, "Whatever these patches are, they don't change who you are. You'll always be my friend."



That evening, Youssef shared everything he had been thinking about. His family listened with patience, love and understanding. “We may not know all the answers yet,” his father said gently, “but we will find them together, one step at a time.”



The next morning, Youssef walked into school feeling a little stronger than the day before. His questions were still there, but now he knew he had people who cared about him. Somehow, that made the journey ahead feel a little easier.



When Youssef arrived at school, his teacher noticed that something was worrying him. She quietly sat beside him, listened carefully and let him know that he never had to face his questions alone. Sometimes, the greatest kindness begins with simply taking the time to listen.



The principal welcomed Youssef and his parents with a warm smile. He listened carefully to their concerns and recommended a dermatologist experienced in treating skin conditions. He reassured Youssef that everyone at school wanted him to feel happy, safe and included.



A few days later, it was time for Youssef's appointment with the dermatologist. After listening carefully to all his questions, the doctor explained that vitiligo isn't contagious and that it wasn't anyone's fault. As Youssef listened, the fear of the unknown slowly gave way to understanding and hope.



Soon afterwards, Youssef returned for his first light treatment. The doctor carefully helped him put on his protective goggles and explained each step before they began. As the gentle blue light filled the room, Youssef felt something new growing inside him—not fear, but hope.



Week by week, Youssef's confidence began to grow. He was soon back on the football field, playing with energy and determination. Instead of thinking about the white patches on his skin, he found himself thinking about the next pass, the next goal and the joy of being part of the team.



Before long, Youssef realised something wonderful. His friends didn't see him differently because of the white patches on his skin. They laughed together, played together and shared every adventure, just as they always had. True friendship had never changed.



One day, Youssef noticed a younger boy with white patches on his skin. Kneeling beside him with a warm smile, he shared the most important lesson he had learned: courage grows when we face life together. From that day on, Youssef knew that giving hope to others was one of the greatest gifts he could share.



School was once again a place filled with laughter, learning and friendship. Youssef knew that everyone is unique, and that our differences make the world a more colourful place. With courage in his heart and a smile on his face, he looked forward to every new day.



Sometimes the greatest journeys begin with a single question.

When Youssef notices white patches on his skin,
he begins a journey of discovery that leads him to friendship,
understanding and confidence.

Along the way, he learns that courage grows when people
listen, kindness is shared and every child deserves
to feel accepted.

The Colour of Courage is a heartwarming story that celebrates
hope, inclusion and the strength we find in one another.

*Every child deserves to feel
accepted, understood and loved.*



Société Tunisienne
de Dermatologie
الجمعية التونسية
لأمراض الجلدية



A WORLD
OF STORIES
Different Places.
Stronger Together.



Inspiring Confidence
Building Belonging
Creating Change

ISBN 978-1-999845-15-0



9 781999 845150 >

Part of the Colour of Courage
international children's series